

KNOW YOUR LEADERS

By Ms. Nandita Mittal

***"Do what you Want to Do, What your soul says.
Let your Passion Becomes Your Profession."***

We are talking about the thought shared by **Mr. Sanjay Sharma** in this exclusive interview with "Campus Chronicles", NBGSM College. He has 24 years of experience into the field of education, having national and international exposure in teaching, corporate training, project management, business analysis, educational marketing and career counseling. He spent more than 9 years in Australia, working with world's leading educational and financial organizations, world leading banks like ANZ, American Express, Citigroup, Australian Waters, UNICEF, FAO etc. and also served Government of India in the beginning of his career after clearing SSC competitive Examination. He holds a degree in MBA (Finance) from Melbourne University, Masters in Economics and Bachelors in Education. Presently, he is in the panel of Advisory Board (Trainings) in Wisdom Tree India (New Delhi) and IAPHC (Melbourne) and holds a position as Manager of Sant Nirankari Charitable Foundation (SNCF) where he looks after the Project Management, Liaisoning with the corporates, Government agencies and Educational institutions.

How can one communicate with his higher self for instant inspiration and Guidance?

Just be aware of what you are doing and whether this action is going to benefit you, your family, your society, your nation or not. If nothing is going according to your wish; if you are tired of failures again and again in life, if no one is helping you out, if you are unable to find out the solutions to your problems, then its only YOU who is going to help YOU. Just sit with your eyes closed for 10 minutes and see inside yourself, your thoughts and try to listen to your inner voice which is there to help you out. If the problem is coming from your deep inside then the solution must be there itself. This is what I called "Sound of Silence" in my book (*Sound of Silence, 2009, ACU Publication, Melbourne*)

Do you think that being spiritual can lead you to a successful and happy life and can it help you at work as well?

Spirituality is a key to success in every field. Spirituality develops work ethics in you and refrains you from misconduct. Haven't you seen the misleading advertisements which are selling the products with an aim to earn undue gains? Speaking frankly, do their products really deliver what they are claiming? Here being spiritual means being morally awakened and giving your best to the community. In 2008 my paper "Corporate Saints" was published in Melbourne, Australia, focused on the Corporate ethical values, beneficial for the company itself in the long run.

In your sessions you have always mentioned about being positive. What are the things which always keep you motivated and positive?

Positivity cannot do anything on its own, in fact, no one can change his/her life by just being positive. Let me explain, Positivity is nothing but an "Emotional state of mind" and emotions are momentary i.e. in a particular moment of time you may feel happy and the moment it gets lost, you will start feeling sad. Now to maintain this emotion permanently, you need to support this with "ACTION". There are millions of people in this country with millions of revolutionary ideas which can change the world but why only a few are able to do so? The simple reason is those who convert their POSITIVE THOUGHTS into ACTIONS succeed in their life and the Rest are only day dreamers.

In some of your sessions we have heard you talking about BATTLE of life. Can you please elaborate this for our reader?

Life itself is a BATTLE but the thing is how you take it and how you treat it. In my sessions, I have explained this BATTLE in to six major skills of Life which will help you to conquer your fears. Behavior,

Attitude, Trust, Technology, Language and Ethics. If you master yourself in these techniques, then you will undoubtedly achieve anything in your life.

Students generally face problems in selecting their career. How should one choose his/her career? What are those things one should consider before making any move?

This question requires a full workshop, but anyway, let me sum up. Firstly, we need to understand that unless and until the students plan on their Career Path, they cannot select their career wisely. Recent reports reveal that about 80% university graduates in India are unemployable i.e. they are not fit for the jobs even at the clerical level. Why this is happening? What is missing in a student's life? The gap between Campus and Corporate and the path joining them is called the Career Path, which a student these days is unaware of. You tell me, how many students are being trained in the college to develop their career path, the hurdles they are going to face, and the solutions available? Secondly, we always treat investing in education as investing in business. Education is beyond profits as there are values which cannot be shown in balance sheet. Thirdly, we don't have right Mentors to guide us. Every college should stress upon Mentoring Program which lacks in colleges nowadays. If we go to our Vedic Gurukul systems, they pay more emphasis on Mentoring where pupil learns a lot of skills which are beyond books.

Many Youngsters have diverted their mind from service sector to Business? What tips would you like to give to our upcoming entrepreneurs?

It's really good for an economy to have more businessmen. Before the Britishers came to India, we were less aware of "Service Sector" as the whole society was full of businessmen in different sectors. Every person is a CEO of his own Life and unless and until we know the business management techniques we cannot even manage our life or business. Now it's time when we should identify the entrepreneurship skills in the student's life right at the age of 14-15 years and accordingly we should plan their business career. Why to have more and more degrees when a person wants to run his / her own venture. More and more trainings should be provided in the schools and colleges to identify the business talents in the students and encourage having their own startup.

Everyone talks about women empowerment. How do you react to the women education in India?

Every girl child should be provided with an environment which enables her to learn and have adequate education to make her self sufficient and independent. When a boy is educated, then only a boy is educated, but when a girl is educated then the whole family becomes educated. Going in Vedic era, it reminds me of the women sages who were more powerful than the men viz. Gyatri, Gargi, Maytri and many more.

Anything you would like to share to our readers.

To all my readers I would just say one thing, "DO WHAT YOU WANT TO DO, DO WHAT YOUR SOUL SAYS. LET YOUR PASSION BECOMES YOUR PROFESSION." No one is going to help you out at the later stage of your life. Hence it is better to have your career path and plan before hand. Everyone is unique, so don't try to become someone else. You are unique and you are awesome. Be Yourself.

All the best!

You can follow him on-www.wisdomtreeindia.in

Knowledge Nuggets



- Muskan, B. Com (Hons)

"Youth = the appearance, the freshness, the vigor, the spirit, the characteristics of one who is young."

Modern day youth of India are living in the most interesting phase of history. As Indian economy went globalized and internet is already an integral part of our lives, we now have fairer chance of making it big than any of the previous generations. The youth is the best asset of any country and investment in the human resource is the best investment. However, if we are to develop the citizen for a better nation tomorrow, we are supposed to not only develop their talent but also recognize and counter the challenges, indian youth is facing now-a-days. **Peer Pressure** is one of them. The generation gap has widened to an extent that the views of

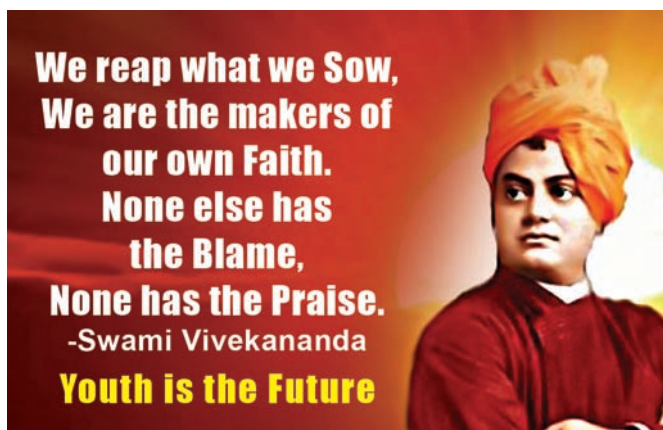
two generation people repel with each other. The varying interest of the young and high expectations of the parents and relatives mark the spirit of growth as a whole. This acts as a check on the enthusiasm of young minds leading to waste of the time and resource. According to survey, almost 70% of teens start smoking because of peer pressure. The elders need to understand that a little space and trust shown in them will open the doors of the opportunities for the youngster. At the same time, children need to understand that parents do care. There is no harm in learning from their experiences and wisdom.

Drugs and Alcohol are other challenges faced by the young Indians. Failure or broken, drugs are taken as an escape from the life and struggle related to it. Be it in the name of the success party or to overcome the failure drugs are seen everywhere as a mandatory component. Failing in a relationship or the end of semester success party or getting placed in a dream company, all the answers are being searched in the lap of alcohol and weed.

Youngsters need to understand that life is a rollercoaster ride. If we plot the graph of same it is a setup of highs and lows with steep curve, this does not mean that the body has to be ruined by wasteful products. Young brigade aims to conquer the world and make the India superpower. The only way to make it happen is through education. If we look at the institutes today, privatization has increased the effective cost of education. Costly higher education in the private institutes and the lack of basic amenities in the government aided educational groups has proven to be a big headache for our young people.

If we the youth wants to deal with such problems like peer pressure, drugs and alcohol and many more then they should remember these things:

- Self-confidence is the key.
- Be yourself
- Listen to your guts.
- Learn to say NO
- Choose your friend wisely.
- Stay away from peers who pressurize you to do the things that you don't want to do.



लौट आई वो जिस रास्ते से, क्या पूछे उस रास्ते को
पत्थर उसकी छाती में हो या पत्थर छाती पर हो,
सुनहरी नन्ही सी लौ, रात कठिन दिन हो ना हो
रात कठिन दिन हो ना हो ।

पीछे लौटते पांवों से वो घर पर पंहुची ऐसी
काई वाली चट्टानों पर चला हो कोई जैसे,
टोपा चादर दरी तुझे, दें-दें तो गई है विदाई
हथेलियों पर चिपके रह गए इन कपड़ों के रेशे ,
हाथ हथेली धुल जाएगी, क्या पायेगी मन को धो
सुनहरी नन्ही सी लौ, रात कठिन दिन हो ना हो ।

देगा गवाही दादी की माला का, मनका-मनका,
राम-राम की जगह सुमरती थी वो लड़का-लड़का
व्याकुल बाप के आगे फिरती माँ एक अपराधी सी,
बड़ी बिटिया मांग रही थी हो पापा के मन का ,
उस औरत पर क्या-क्या बीती क्या बोलू, क्या जाने दूँ
सुनहरी नन्ही सी लौ, रात कठिन दिन हो ना हो ।

माँ- मौसी, दीदी-दादी, मैं मामी हूँ, नानी हूँ ,
बहना-बिटिया राजकुमारी, दासी हूँ, रानी हूँ
यूँ मत फेंको पुत्र में अपना मोक्ष समझने वालो
घर में किसी के पुत्रवधू मैं ही होकर आनी हूँ,
ऐसी विदाई भी मत दो की लौट नहीं पाऊं सुनलो
बुझे नहीं नन्ही सी ये लौ, रात कठिन पर दिन तो हो ।

मैं एक लड़की हूँ !

मुस्कान (बी. कॉम ओनर्स)



मैं जश्न मना रही थी नए साल का ,
जब कर दिया तुम ने मुझे बेहाल सा,
मुझे छूने की इजाजत तुमने मुझसे ना ली,
पर ये एहसास कराने की कोशिश थी कि,
तू लड़की है, डर डर के जी ।

शर्म तुम पर तो आती है पर
साथ साथ उन पर भी आती हैं, जिन्होंने तुम्हें जन्म दिया,
तुम्हारे कुकर्मों का बोझ अपने सिर पर ले लिया
शायद बताना भूल गए कैसे करते है सम्मान एक औरत का,
पर शायद उन्हें पता ना हो तुम्हारी ऐसी फितरत का ।

खैर कुछ बोझ तो मैने भी अपने सिर थल लिया है,
चंद लोगों ने मुझे ही गलत बता दिया है,
क्योंकि मैं छोटे छोटे कपड़े पहनती हूँ ,
देर रात घर से बाहर रहती हूँ ।

और ये समाज के वो ठेकेदार है,
जो साल के चंद दिनों में मुझे दुर्गा, लक्ष्मी का रूप मानते है,
और बचे हुए दिनों मे मेरी तुलना मुन्नी और लैला से करते हैं ।

पर सच कहूँ सम्मान नहीं, समानता चाहिए,
और समानता मेरी जरूरत नहीं, हक है मेरा ।

गुस्सा भी आता है, रोती भी हूँ पर अकेले में
क्यूँकि फिक्र है मुझे इस बात का कि,
इस जमाने से लड़ने के लिए मुझे मजबूत रहना है

खैर ये झूठी बातों का ये झूठे सवाल का सामना
आज से नहीं कर रही, एक अरसा हो गया है,
कल द्रौपदी बन के किया था, आज निर्भया बन के कर रही हूँ
कल मैं फिर से किसी और के शकल मे,
किसी और आवाज में करूँगी पर करूँगी जरूर ।

इतना ही नहीं मै एक और वाद विवाद का अहम हिस्सा हूँ
कौन ज्यादा काबिल है लड़का या लड़की,
उन सभी लड़को से मै एक सवाल पूछना चाहूँगी
जो खुदको मुझसे ज्यादा बेहतर बताते है,
क्या कभी रात को अकेले घर से बाहर जाने में डर लगा है
कि कोई पीछे से आएगा यूँ छू लेगा, नहीं ना, नहीं ना ।

पर मैं रोज उस डर को पीछे छोड़ घर से कदम बाहर निकालती हूँ,
और गर्व होता है मुझे कहते हुए कि है मै एक लड़की हूँ !

राष्ट्रविकास का वास्तविक अर्थ

पारुल सिंघला (एम.कॉम द्वितीय)

कहा जा रहा है कि हमारे राष्ट्र का विकास हो रहा है । 16 मई 2014, में जब से हमारे देश में मोदी सरकार आई है तब से राष्ट्र विकास का कार्य तेजी से बढ़ रहा है । वैसे तो आप सबको राष्ट्र विकास का अर्थ मालूम ही होगा, क्या होता है राष्ट्र विकास? अगर मैं कहूँ कि राष्ट्रीय आय का बढ़ना, शिक्षा स्तर का पहले से अच्छा होना, बाजार में नई-नई तकनीकों का आना, हमारे देश का डिजिटलाइजेशन होना मेरा कहना गलत नहीं होगा, क्या ये सब राष्ट्र विकास है? हाँ, इन सबका होना राष्ट्र विकास तो है, परन्तु राष्ट्र विकास का वास्तविक अर्थ नहीं । क्योंकि राष्ट्र विकास का वास्तविक अर्थ होने का मतलब है कि जो विकास आज हो रहा है उसका फायदा हर किसी व्यक्ति को समान रूप से मिले, चाहे वह गरीब हो या चाहे वह अमीर हो । परन्तु क्या आज ऐसा हो रहा है ? नहीं, आज जो अमीर है वह और अमीर होता जा रहा है और जो बेचारा गरीब है वो गरीबी की मार झेल रहा है । दोस्तों क्या आप सभी जानते की हमारा देश विश्व का दूसरा असमानता वाला देश है । जहाँ पर राष्ट्रीय आय का 60% भाग तो देश के 1% अमीरों के पास है और बाकी राष्ट्रीय आय 40% की 99% लोगों में विभाजित किया जाता है । देखा जाये तो आज एक तरफ अमीरों के पास इतना पैसा है कि वे उस को पानी की तरह बहा रहें हैं और दूसरी तरफ बेचारा गरीब दो वक्त की रोटी के लिए भी तरस रहा है । क्या ये विकास है? नहीं, दोस्तों मेरा कहना यह नहीं है हमारा कि राष्ट्र विकास नहीं कर रहा है, तो सरकार 2004-05 में राष्ट्रीय आय का 10.62% शिक्षा पर खर्च कर रही थी , आज वह बढ़ कर 16.01% हो गया है । इसी दौरान लोगो में भी शिक्षा के प्रति जागरूकता आई है । जहाँ 2005-06 में शिक्षा की दर 48.62% थी, आज वह बढ़कर 74% हो गयी है । वैसे तो यह प्रतिशत विकास का संकेत करती है, परन्तु दूसरी ओर देखा जाए तो आज बेरोजगारी की दर में 52% से भी ज्यादा पढ़े लिखे लोग बेरोजगार हैं । तो दोस्तों ये कैसा विकास है, कि एक तरफ तो लोगो को शिक्षा के लिए प्रेरित किया जा रहा है और वही दूसरी तरफ शिक्षित लोग बेरोजगार हैं । क्या आप सब यह जानते है, कि हमारे देश में 45 लाख ग्रेजुएट लोग बेरोजगार हैं, इसका मतलब हमारे राष्ट्र का कोई वास्तविक विकास नहीं हो रहा है । अब अगर मैं स्वास्थ्य क्षेत्र की बात करूँ तो आज हमारी सरकार सौभाग्य योजना के अंदर 3000 करोड़ जन औषधि केंद्र में

800 से ज्यादा बिकने वाली दवाइयों को सस्ती कीमतों पर उपलब्ध करा रही है। जिससे हर गरीब कि इलाज कराया जा सके, वहीं दूसरी ओर बात की जाए किसी बड़े अस्पताल की, तो वहां के डॉक्टरों ने तो हाल ही में डेंगू के इलाज पर केवल 7 दिन के 15 लाख लिए हैं। अब आप सभी खुद ये सोच सकते हैं की ऐसे में कोई गरीब क्या अपना इलाज वहाँ करा सकता है? यह कैसा विकास हो रहा है? आज हमारे देश में, कहने को तो राष्ट्रीय आय बढ़ रही है बाजार में नयी – नयी तकनीक आ रही है और कुल उत्पादन भी 275 मिलियन टन हुआ है वहीं दूसरी ओर इन नयी तकनीकों व मशीनरी का इस्तेमाल करने के कारण प्रदूषण बढ़ने से आज हमारे देश में ऐसी-ऐसी बीमारियाँ फैल रही हैं, जिनका इलाज डॉक्टर के पास भी नहीं है। दोस्तों अब आप सबको क्या लगता है कि आज हमारा देश वास्तव में विकास कर रहा है?

वैसे, क्या आप सबने सोचा है कि विकास होने पर भी हमें उसका लाभ क्यों नहीं मिल पाता? दोस्तों, मझे इस बात का बड़ा दुःख है कि इन सबके पीछे हमारे देश का हर एक वह नागरिक जिम्मेदार है, जो आज अपने अधिकारों का गलत फायदा उठा रहा है और देश के प्रति अपनी जिम्मेदारियों से मुँह मोड़ रहा है। अगर आज हम सब यह सोचते हैं की हमारे देश कि जिम्मेदारियाँ हमारे नेताओं की है तो हमारा ये सोचना ही हमारी सबसे बड़ी गलती है, क्योंकि यहाँ बात हमारे राष्ट्र के विकास की है, और इसमें हम सबका योगदान होना बहुत जरूरी है। वास्तव में हमारे देश का विकास उस दिन होगा जिस दिन हम सभी देश के प्रति अपनी जिम्मेदारियों को निभाएंगे और रिश्वत खोरी व टैक्स की चोरी जैसे भ्रष्टाचार को मिटाएंगे। “अंत में यही कहूँगी कि राष्ट्र का विकास ऐसा हो जो गरीबी से मुक्त हो और समृद्धि से युक्त हो, जो भेदभाव से मुक्त हो और समानता से युक्त हो, जो भ्रष्टाचार से मुक्त हो और पारदर्शिता से युक्त हो।”

Key Initiatives

1. On 2nd February 2018 NBGSM college organized a special session on **Interview skills and Social Entrepreneurship** for its final year students. The session was conducted by Mrs. Raman Manhas (Administrator, Sant Nirankari Public School and Educationalist) and Ms. Nilanjana Das, (Founder & Director, Action Centre for Transformation).



2. A Declamation Contest was organized by **Red Ribbon Club** on **17th February 2018** in City Campus, NBGSM College on the topic of “**Prevention from**

HIV/AIDS” and “**Health Hazards from Spitting on the Roads or Public Places**”.



Position	Name	Roll No	Class
1	Kuldeep	944	B.ComIII
2	Tannu	839	B.ComII
2	Shalu	953	B.Com III
3	Karishma	935	B.ComIII
3	Shivam	2219	B.Sc. II

3. An Inter-class Quiz Contest was organized by **Department of Commerce** on **22nd February 2018** in



City Campus of NBGSM College. Nine teams of three students each participated in this contest.

1st Position

Name	Class	Roll No
Sagar	B.Com III	941
Kuldeep	B.Com III	944
Rahul	B.Com III	939

2nd Position

Name	Class	Roll No
Kanchan	B.Com III	948
Komal	B.Com II	842
Tannu	B.Com II	839

4. On the occasion of 64th Birth Anniversary of Nirankari Baba Hardev Singh ji Maharaj, NBGSM College, Sohna



organized **Cleanliness Drive at Civil Hospital, Sohna on Saturday, 24-02-2018** under the banner of **Sant Nirankari Charitable Foundation** in which nearly 100 students and staff of NBGSM College took part.

5. Nirankari Baba Gurbachan Singh Memorial College (NBGSM College), Sohna organized its 37th



Athletic Meet from Feb. 26th to Feb. 27th 2018 in which Ms. Manisha from B.Com. 2nd year and Mr. Sunil from B.A. 1st year were awarded Best Athletes in Girls and Boys category, respectively.

6. On 8th March 2018, Red Ribbon Club and Women Cell celebrated International Women's Day by organizing



a **"Cervical Cancer Awareness Programme"** in collaboration with CAPED (Cancer Awareness, Prevention and Early Detection) for all girl students in New Campus, NBGSM College.

7. Literary Club organized **Inter-Class Economics Quiz competition on 10th March 2018** in NBGSM College, New Campus with an objective to enhance the



knowledge and deep learning among the students. The team consisting of Anshul, Tarun, Rachna and Kavita from B. Com (Hons) grabbed the First position, while Kunika, Tamanna, Nisha and Aakansha from B. Com (Hons) got Second Position.

8. On 10th March 2018 NBGSM College organized an





Open Session to prepare and motivate the students for the placements of final year students. **Rev. Anju Dhall**, Vice President, Zenfocus and **Rev. Sanjay Sharma**, Manager (Projects & Liaison), Sant Nirankari Charitable Foundation graced the programme with their presence.

9. Department of Science, NBGSM College, Sohna celebrated **National Science Day** on **10th March 2018**. The event was graced by the presence of **Rev.**



Bindiya Chhabra ji, Executive President, SNCF and other dignitaries from the college management who appreciated the efforts made by the students in preparing these models. **Nikhil, Nitin, Sachin, and Gaurav** from 1st Year got the first position, while **Pinky, Amandeep, Deepika, Shivam and Muzahid** from 2nd Year got Second position and for the third position there was a tie between **Akash** from 3rd Year and **Sonam, Nisha and Renu** from 2nd Year.

10. As per the direction of Supreme Court of India, Road Safety Club, NBGSM college organized a '**Poster**



Making Competition' on 'Road Safety', on 19th March 2018, wherein 14 students from different classes participated. **Garima** from B.Com. (Hons.) 1st year stood first, second position was shared by **Rohini Verma** and **Diksha** from B.A 1st year and third position was grabbed by **Neerja** from M.Com. (P).

11. In order to generate fresh enthusiasm in the students, **Red Ribbon Club** organized a Prize and



Certificate Distribution Function on **20th March 2018** in the Conference Hall of City Campus, NBGSM College. Although it comes once a year but its effects lasts over the year. The students who received prizes were **Kuldeep, Neha, Sagar, Karishma, Bharti, Deepali, Shalu, Tannu, Shivam and Chanchal**.

12. A workshop on "**Disaster Management**" was organized by **University Youth Red Cross (YRC), M.D.**



University, Rohtak on 21st March 2018 at R.K. Auditorium, MDU, Rohtak. In this workshop, Principals, YRC Counselors and volunteers of UTD and affiliated colleges with M.D. University were invited.

13. On **21st March 2018**, a **session on personality development** was organized in NBGSM College, New Campus for the students of **B.Sc.(Non-Medical)**.



14. Department of Economics has organized a **Paper Presentation** on the topic “**FDI in India**” on 04-04-



2018, at Conference Hall, NBGSM College, New Campus. Muskan Garg, Muskan Gulati, Divya Jain, Deepanshi from B. Com (Honors) got the first position and Shokeen, Shaad, Alisha and Raunak from B.Com. 1st year got the second position.

15. On **06th April, 2018** an **Annual Prize Distribution Function** was organized by NBGSM College, Sohna with an objective to recognize and appreciate the achievements made by the students of our college like various disciplines in academics and sports at state & university level. Nearly 89 students were awarded with prizes in different categories.

Total 42 students achieved positions in the merit list (Academics) declared by MDU Rohtak for the session 2016-17.

MERITORIOUS STUDENTS

Name	Class	MDU Merit Position
1. Deepika Garg	B.Com III	5 th
2. Bhawna	B.Com III	7 th
3. Sakshi Gupta	B.Com II	27 th
4. Deepali	B.Com I	10 th
5. Chanchal Panwar	B.Com I	21 st
6. Nirmala	M.Com	12 th
7. Meenakshi	M.Com	22 nd
8. Himanshi	BBA I	25 th
9. Swati Bansal	BBA II	36 th
10. Annu	BBA III	35 th
11. Harsha Jain	BCA III	34 th

16. Red Ribbon Club, NBGSM College has celebrated the **World Health Day** on **10th April 2018**.



Sports

Name & Class

Position at State & University Level

Sunil Kumar
BA I

State Level Bronze Medal in Decathlon
Silver Medal at Annual Athletic Meet of MDU
District Level Gold & Silver medal in Discus Throw
Best Athlete at NBGSM College

Lakshman Singh
BA I

Silver Medal at MDU Inter College in wrestling (97 wt.)
District level gold medal in wrestling

Kunal Yadav
BA I

State level Silver Medal in Boxing

Manisha
B.Com II

Gold Medal in Long Jump at G.D Goenka University
Best Athlete at NBGSM College

Aman Yadav
BA II

State level Bronze Medal in Boxing

Karishma
B.Com III

Bronze Medal in Long Jump at G.D Goenka University

Seema
B.Com III

Gold Medal in 800 meter at G.D Goenka University

Monika
BA III

Bronze Medal in Shot Put at G.D Goenka University

Ashutosh
BA III

Silver Medal in Long Jump at G.D Goenka University